Bridging the "Know-Do" Gap

Meeting on Knowledge Translation in Global Health

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Main Messages

• **Bridging the know-do gap** is one of the most important challenges for public health in this century. It also poses the greatest opportunity for strengthening health systems and ultimately achieving equity in global health.

• **Knowledge translation** (KT) is emerging as a paradigm to learn and act towards closing the gap. While knowledge is more than research evidence, knowledge translation strategies can harness the power of scientific evidence and leadership to inform and transform policy and practice.

• There are **pioneering efforts** as well as **exciting new initiatives** in various developed and developing countries with respect to knowledge translation. Countries (policy-makers, health workers, researchers and the community) can work together and share experiences and lessons in bridging the gap.

• Although there are ongoing innovations and learning by doing, **there is still no comprehensive framework** or common platform for better understanding the know-do gap and systems to address it.

• WHO has a major role to play in bridging the knowdo gap and supporting countries through better knowledge management. Given the breadth and scope of this great challenge, WHO should focus on the following: strategic advocacy for KT; platforms for knowledge exchange and sharing among countries and within WHO; resource mobilization; support country initiatives on KT strategies for health systems strengthening.

• For countries and the global community alike, **some initial recommendations for action** are: capacity development for KT, focusing on knowledge exchange and demand-side awareness-building; joint learning platforms for KT; research on improved methodologies for knowledge synthesis and exchange, and best practices on KT; KT-sensitive peer review and funding systems.

"There is a gap between today's scientific advances and their application: between what we know and what is actually being done."

"Health work teaches us with great rigour that action without knowledge is wasted effort, just as knowledge without action is a wasted resource."

LEE Jong-wook WHO Director-General

District disease burden addressable by available cost effective interventions



Derived from TEHIP/AMMP Cause Specific Mortality Data YLLs for Rufiji Sentine. District, 2000.

Background and Meeting Objectives

In setting the tone for the meeting, *Tim Evans*, WHO's Assistant Director-General, Evidence and Information for Policy, described the very complex health development landscape and the "grand challenges" of improving health systems in terms of scale, distribution and equity, protection and safety, and systems capabilities. He underscored the importance of harnessing knowledge to overcome health system constraints and to scale up effective interventions, echoing the call to action embodied in the Mexico Statement on Health Research.¹

Ariel Pablos, director of the WHO Department of Knowledge Management and Sharing, discussed the challenge of the "know-do" gap and the opportunities

to address it. Two aspects of the know-do gap were outlined: the gap from research to policy, and the gap from knowledge to action. Early efforts to bridge the know-do gap in public health were largely passive, focused on diffusion

"...despite 30 years of research in this area, we still lack a robust, generalisable evidence base to inform decision about strategies to promote the introduction of guidelines or other evidence-based measures into practice."

Grimshaw et al. 2004

through journals. These evolved over the next two decades to "push" strategies in the form of knowledge dissemination and guidelines. Currently, partner and "pull" efforts have emerged, such as linkage and exchange processes. WHO has developed a knowledge management strategy that explicitly considers translating knowledge into policy and action.

¹ Declaration made during the Ministerial Summit on Health Research, held in Mexico, 16–20 November 2004.

Knowledge Translation is defined as the "*The synthesis, exchange and application of knowledge by relevant stakeholders to accelerate the benefits of global and local innovation in strengthening health systems and improving people's health*" (derived from the Canadian Institutes for Health Research, 2001). Despite these developments towards active engagement of stakeholders in KT, many challenges remain. But the time is ripe to seize the opportunities for knowledge translation and make a real difference in solving global health problems and achieving better health. Hence the meeting on "Knowledge Translation for Global Health" was convened with the following objectives:

1) To learn from country experiences in bridging the know-do gap and to develop a typology of knowledge translation approaches in countries;

2) To clarify knowledge translation concepts and frameworks, and to identify effective and feasible practices and approaches; and

3) To identify priorities and mechanisms for knowledge translation research and action in global health.

Evidence and Knowledge: Their Roles in Guiding Policy and Practice

A full day was devoted to clarifying KT concepts and frameworks and identifying good approaches and practices. This started out with Jonathan Lomas provocative presentation on "What is Evidence." Lomas distinguished two concepts of evidence for guidance for the health system: (1) "Colloquial" evidence, which represents relevant information at a more personal and contextual level, e.g. experiential knowledge, societal values, political judgment, resources, habits and tradition; and (2) scientific evidence, which is derived from systematic, replicable and verifiable methods of collecting information and facts. Scientific evidence, he said, could be further categorized into context-free or context-sensitive evidence. The former ascribes to science "a sense of absolute truth" and is largely generalisable. Context-sensitive evidence, on the other hand, adopts a practical and operational orientation and considers the context in the guidance and the decision-making process. In addition to the different types of evidence that are considered in health system guidance, there is a need for transparent deliberative processes that explicitly integrate technical analysis of the evidence with stakeholder and lay public deliberation to make the final guidance feasible and implementable. "Deliberative processes are not neutral in their design," said Lomas. "Some will favour one form of scientific evidence over another, others will favour colloquial evidence over scientific evidence or vice-versa."

In contrast to Lomas, *Andy Oxman* contended that "*all* evidence is context sensitive" since all observations are

made in a specific context. On the other hand, judgments about the applicability of evidence go beyond the original context and should be made systematically and explicitly using good evidence, especially (but not exclusively) research evidence. He delineated the roles of global evidence and local evidence, stressing that while global evidence is useful for making judgments about effects and likely modifying factors, local evidence is necessary to make context-specific judgments, including the presence of modifying factors, the extent of the problem, availability of resources and prevailing values. Thus he proposed that WHO should focus on supporting countries to make context-specific policies by providing global evidence, frameworks for decisions and practical advice for incorporating local evidence.

Mary Ann Lansang referred back to the WHO/EIP goal of global health equity in considering the role of evidence in policy and practice. Given this goal, the tremendous challenges and needs of developing countries, and the problem-based and value-driven nature of policy-making, she supported the view that evidence is context-sensitive. However, for developing countries, the essential qualities of useful evidence for policy-making are often absent, i.e. available research evidence and other information may not be credible (invalid or unreliable), accessible or affordable, and it may be irrelevant to the needs of a specific country and hence not applicable. At the same time, there are unique challenges on the policy-making side, such as lack of demand for evidence, corruption, rapid turnover of policy-makers, traditional and top-down governance processes, and donor dependence.

In the discussion that ensued, most meeting participants agreed that evidence is context sensitive, in varying degrees, and that policies and decisions should be informed by good evidence that is contextualized. This implies that evidence is plural and that the implementability of good "global" evidence must be triangulated with local knowledge. Hence a key action point for WHO and countries is to ensure that the evidence base from countries is strengthened and built up, and that transparent and evidence-informed policy-making processes are promoted.

Country Knowledge at Work

Recognizing that the experiences and efforts of countries to bridge the know-do gap are valuable in developing improved approaches for knowledge translation, a variety of initiatives and programmes at work or in progress in different countries were presented and discussed. The experiences from developed countries (EURO Health Evidence Network and Canada) and developing countries (multi-country studies on evidence – policy linkages, experiences and new initiatives in east Africa, Brazil, Bangladesh and Afghanistan, China and Mali) demonstrated that there are exciting innovations in push, pull and exchange systems to address gaps in research-policy-practice in a variety of settings. At the same time, lessons learned from these concrete country and community experiences underscore the importance of continuous monitoring and evaluation of proposed approaches to bridging the know–do gap (see Table 1).

"What factors explain whether and how the producers and users of research support the use of and/or use health research as inputs to decision-making?" asked Tikki Pang. He then presented the ongoing WHO collaborative work with 10 developing countries, which attempt to help answer this question.² This research has identified several "push" factors (such as a tailored approach to target audiences, credible messengers/brokers), "pull" factors (notably access to searchable databases), and exchange/linkage activities (e.g. long-term partnerships). There has also been interest in the launch this year of the Evidence-informed Policy Networks initiative (EVIPNet), which aims to support health decision-making and health policy formulation through better access to evidence, the promotion of linkages among producers and users of research and capacity building. The initiative has started with proposals developed in Asia but the networks will be extended to Africa in 2006. In closing, Dr Pang suggested that EVIPNet could become the vehicle for an integrated approach by WHO (through RPC, KMS and the Health Metrics Network) in its support to countries that are trying to address the know-do gap through improved health policy and action.

Don de Savigny talked about the development of the Regional East African Community Health Policy Initiative (REACH Policy), an innovative mechanism to institutionalize knowledge brokerage in order to access, synthesise, package and communicate evidence for policy and practice in East Africa. A joint prospectus from health policy-makers and researchers in Kenya, Uganda and the United Republic of Tanzania was developed through a series of national and regional consultations, workshops and case studies dating back to 2001 and endorsed by the East African Sectoral Council of Ministers of Health in July 2005. The prospectus is being finalized for a donor's meeting in January 2006 and the legal framework is under development.

The experiences of BRAC (Bangladesh Rural Advancement Committee) were presented by *Mushtaque Chowdhury* specifically the successful adaptation of the BRAC model from Bangladesh to Afghanistan. Grounded on village organization as the building block, programmes in health, education, microfinance, agriculture, national solidarity and capacity development were initiated in Afghanistan in 2002 and have already been scaled up to cover 18 of 34 provinces in the country. The BRAC ex-



perience demonstrated that experiential knowledge on poverty alleviation programmes, coupled with good systems management and built-in research and evaluation, can be shared, translated and successfully scaled up.

Ramesh Shademani presented the work of the Health Evidence Network (HEN)³. HEN is a network of 35

² China, Ghana, India, Iran, Kazakhstan, Lao PDR, Mexico, Pakistan, Senegal.

³ HEN website: www.euro.who.int/hen

Country/Region	KT Objectives	KT Lessons
WHO/RPC-sponsored initiatives: (1) 10-country study on research – policy linkages; (2) EVIPNet (Asia)	 To determine the factors influencing whether and how health research is used for decision-making; To support health policy formulation through improved access to evidence, policy-researcher linkages and training 	Indigenous research evidence is more likely to influence practice. Increased access to evidence and increased investment in capacity development for KT are needed.
REACH Policy Initiative, East Africa	To access, synthesise, package & communicate evidence for policy & practice and for policy-relevant research agenda	A proposed institutional mechanism for KT through knowledge brokerage was developed through country-wide and regional consultations and workshops.
BRAC, Bangladesh	To translate the development knowledge from the Bangladesh experience to programmes and action in Afghanistan	Development knowledge can be successfully shared, adapted and scaled up, using village organization as the nucleus of the intervention.
Health Evidence Network, Europe	To answer questions from policy-makers and to provide easy access to evidence	Demand-driven evidence seems to work. It takes time, money and a wide collaboration of partners to get timely answers to policy maker questions.
Rural Internship on Collective Health, Estado de Minas Gerais, Brazil	To integrate scientific evidence, local tacit knowledge and the capacity to implement policies through social participation in local health systems.	Dissemination and sharing of user-friendly information and knowledge promotes social participation in local health systems planning and management.
Efforts to link research to action in Canada	To link research to action, with a focus on healthcare management and policy-making	A framework to assess country efforts on KT emerged (see boxed item) and will continue to evolve with further dialogue. Several push, pull and exchange strategies are in use in Canada, but large-scale KT platforms are lacking.
Use of knowledge in support of health sector reform, Mali	To use knowledge for refining approaches and solving problems related to health sector reform	Political commitment and managers" experiential knowledge were key factors in the formulation and implementation of the health sector reform policy in Mali. Research evidence has contributed to the refinement, further planning and systematic documentation and exchange of experiences and also served to "contain donor impatience".
Knowledge management in China	To establish an efficient system for the capture and use of pro-poor evidence for health policy-making in China	Still at the planning stage. Capacity building of all stakeholders on knowledge management and sharing is recognized as a major challenge.

Table 1 – Examples of Country and Regional Experiences and Plans for Knowledge Translation

European government agencies and other public institutions as well as health-related UN agencies that collaborate to answer questions from European policy-makers and to provide easy access to the best available evidence for improving public health. This is achieved through the following avenues: 10-page synthesis reports and 1page summaries in response to questions raised, a rapidresponse HEN e-mail box, and selected policy-relevant documents and databases on the HEN website. There has been increasing demand from policy-makers over time, with one new synthesis produced per month, one new summary from HEN partners per month, and about three responses from the HEN e-mail box each week. The HEN experience shows that evidence tailored to suit policy-maker's specific concerns and timing is an effective KT strategy.

Francisco Panadés Rubió and *Ulysses Panisset* presented the experiences and lessons learned in managing and utilizing local knowledge through social participation, as demonstrated in the Rural Internship on Collective Health programme in the state of Minas Gerais, Brazil. It was noted that local decision-makers had no experience in working with evidence and technical information. However, a two-way interactive process for learning was developed involving decision-makers, health practitioners, the communities as well as federal, local and state funders. Information technology resources, in addition to human resources, were deemed to be essential tools for social production, sharing and use of knowledge.

John Lavis provided a useful framework for assessing country-level efforts to link research to action (see Box 1), applying it specifically to Canada. He cited the

John N. Lavis – McMaster University, Canada

CHSRF and the Canadian Institutes of Health (CIHR) as examples of institutions established in recent years with explicit mandates to support knowledge translation as well as excellence in research. Regarding models for linking research to action, several push efforts in Canada supportive of knowledge translation were: identification of actionable messages tailored to user groups, credible messengers, media releases for systematic reviews. Examples of pull efforts were: use of the Cochrane Library by provincial governments, maintenance of a one-stop shopping for evidence at the Canadian Cochrane Network and Centre, a policy-maker-targeted response unit for health technology assessment, and continuing education programmes for health programme managers. In terms of exchange efforts, partnerships have been developed in response to requirements by funding agencies like CHSRF and CIHR for linking research to action. Despite Canada's many efforts on KT, it was observed that there are still gaps, notably the lack of large-scale KT platforms to facilitate exchange efforts.

Fatoumata Nafo-Traoré discussed a policy maker's view of the role of research evidence in the health sector reform movement in Mali. Although in the initial stages, policy formulation for health reform was mainly

based on experiential knowledge of the factors contributing to the crisis in Mali, Dr Nafo said that there was increasing use of research evidence dur-

"Policy-makers often regard "research" as the opposite of "action" rather than the opposite of "ignorance"".

Martin Surr

ing the scale up of health programmes, particularly on health service delivery models, simulation models for sustainability, systematic documentation of process and

Assess elements, programmes, processes or activities that are supportive or unsupportive (gaps) of efforts to link research to action in terms of:

Box 1 – General Framework for Assessing Efforts to Link Research to Action

• The general climate for linking research to action: What elements or actions support efforts to link research to action? What is not being done? What more can be done?

• Production of research: What elements or actions support efforts to undertake systematic reviews that are responsive to needs of policy-makers and other stakeholders? What are the gaps? What more can be done?

• Mix of models to link research to action: What approaches have been used to link research to action in a given setting and for different user groups? Is there an optimal mix of models? What more can be done?

- Producer/purveyor-push efforts

- User-pull efforts

- Exchange efforts

• Approach to evaluation: Are there rigorous evaluations of efforts to link research to action?

Box 2 – Enabling and Constraining Factors in Translating Knowledge to Policy and Practice *Break-out Group Outputs*

Enabling Factors	Barriers	
Push factors (supply side)	Push factors (supply side)	
 Production of relevant and good evidence Timely and understandable repackaging and synthesis of the evidence; evidence-based actionable messages (EBAMs) Credible knowledge mediators/brokers/ messengers, opinion leaders Availability of and access to knowledge Knowledge mapping Donor/funding agencies" support for KT 	 Lack of a common framework for knowledge translation Limited integration of quantitative and qualitative methods for synthesis of evidence Costly and slow process of knowledge production and synthesis Lack of and poor access to relevant evidence Competing sources of knowledge that may be distorted and biased Donor-driven research agenda 	
Pull factors (demand side)	Pull factors (demand side)	
 Political commitment and local knowledge champions Political mapping and understanding of the socio-political environment Problem-based evidence and user-initiated policy questions Integration of social actors in local decision-making bodies (social participation) User-friendly access to knowledge and searchable databases 	 Low demand for scientific evidence by policy-makers Different paradigms for evidence and policy among decision-makers, practitioners and researchers Political and/or financial reasons for not acting on good evidence 	
Exchange	Exchange	
 Education of and dialogues with users and media on high-impact stories on the use of knowledge Innovative ways of knowledge sharing, esp. tacit knowledge 	 Lack of interactive communication between producers and users of scientific evidence Lack of knowledge sharing, especially with policy-makers and the community 	

outputs and systematic exchange of experiences. She concluded that scientific evidence played a role in mobilising donors and political support, but that the driving force for change consisted of the managers, their experience and political commitment. She added that it was difficult to find financial support to fill the knowledge and intervention gaps.

Gao Jun described the plan for knowledge management to improve health policy-making in China. Although much has been done in China with respect to health management information systems and information technology, the Ministry of Health has articulated the need for an efficient capture and synthesis of pro-poor evidence that could be used for policy in a timely manner. Strategies proposed for the new knowledge management for health policy and strategic planning project in China are: improving access to health information; sharing and applying experiential knowledge; creating an enabling environment for knowledge management; and using knowledge translation strategies. In the break-out groups, the meeting participants discussed the different country experiences presented as well as their own experiences in order to identify key factors for success and constraints/barriers in knowledge translation. They agreed that the factors identified (see Box 2) were common knowledge and applied to most countries, even though the context and degree to which these factors operate may vary.

The major conclusions and recommendations from the plenary discussion on Day 1 were:

1. There is no satisfactory and common terminology and framework for KT.

• Many, but not all of the participants, believed that a conceptual framework is needed before a coherent programme of action for WHO and its partners can be developed.

• Most of the participants agreed that a broader definition of "knowledge" should be adopted, going beyond a linear view of translation of research evidence to policy and practice to the inclusion and consideration of other valid information that contributes to decision-making and problem solving.

2. Innovations to improve knowledge translation strategies should be encouraged, especially those aimed to improve the know-do gap in developing countries. Monitoring and evaluation of future KT projects and programmes should be developed up front. Learning by doing, coupled with knowledge sharing, is a key strategy of learning organizations and initiatives.

3. Capacity building and knowledge exchange are important for all stakeholders (policy-makers, health workers, the community and civil society, and researchers) involved in knowledge-based enterprises.

Expanding the Knowledge Translation Toolkit

On Day 2, an overview of different practices used in knowledge translation were discussed, with the end in view of enhancing the competencies of those committed to integrating KT in their work. Knowledge topics that were presented were:

- Knowledge mapping
- Knowledge value chains
- Diffusion of innovation in clinical practice
- Health service management and organizational learning
- Strategic advocacy
- Community mobilization and social entrepreneurship
- Knowledge brokering
- Quality improvement

Knowledge mapping

Steeve Ebener provided a conceptual framework which integrates knowledge mapping to identify potential opportunities and gaps within the knowledge translation process by providing a picture of the knowledge assets, their locations and flows in the system. It is a tool to help decision-makers quickly understand and manage complex systems and networks and therefore supports knowledge translation. WHO/KMS plans to collaborate with interested developing countries in conducting knowledge mapping and audits, develop guidelines and protocols and to map existing expertise in WHO's Collaborating Centres and other networks to foster global knowledge networks in WHO priority areas.

As an example, *Maylene Beltran* described the ongoing knowledge mapping in the Philippine Department of Health (DOH), which is being conducted as part of a Knowledge Audit project supported by GTZ. The au-

A commitment to a knowledge management strategy:

"We envision a system that enables DOH workers to quickly access the right information they need to make prompt and effective decisions and to provide quality services for our internal and external clients. Along this vision, we intend to develop a world-class DOH Portal that will serve all DOH units and attached agencies, as well as external stakeholders and partners of the Department."

> Department Memorandum 2005.07, Dept. of Health, Philippines, 3 June 2005

dit is one of several knowledge management initiatives of the DOH to support its health sector reform agenda. Using questionnaires, interviews and workshops, the knowledge resources and assets as well as gaps and weaknesses in policy-making have been mapped in the context of the DOH vision, mission, culture and the different core process of policy-making. Findings from the knowledge mapping exercise suggest that knowledge utilisation in the DOH is not systematic and not yet an integral part of the health system, particularly with regard to the devolved local government units. It was observed that knowledge mapping is resource-intensive, requiring dedicated full-time staff. As such, it should be integrated within an overall plan for knowledge management that addresses, resource requirements, capacity building, incentives for workgroup collaboration and performance commitment.

Knowledge value chains

Réjean Landry defined a knowledge value chain (KVC) as "the set of knowledge-creating activities to move from concept up to the production of new or improved products and services, delivering added value for clients". He criticized the oft-held assumption in knowledge transfer strategies that knowledge stocks of managers and health professionals are very low, leading to a heavy emphasis on knowledge inflows without considering knowledge stocks and knowledge outflows. The KVC adds value by focusing on the processes of knowledge acquisition, creation, sharing/dissemination, utilisation/application and performance assessments within the context of the strategic goals of the health system.

Robert Ridley discussed the lessons learned in applying KVCs in pharmaceutical R&D, and how these might apply to public health. He stressed that the "chain" is not a linear process but involves many feedback cycles from concept to product to policy and implementation. Unlike the pharmaceutical development chain where there is a clear dollar value to its products, the added value in public health knowledge chains goes beyond the

"product" to actual implementation and use in specific settings. Hence in TDR, the knowledge value chain extends from "innovation to impact", i.e. from basic strategic research and product development to implementation research and action.

In the break-out group discussions, an understanding of the KT chain was recognized as very useful for researchers, decision-makers and other stakeholders to improve how knowledge could be used for different types of decision-making. The KT chain can vary with the context in which decisions take place.

Diffusion of innovation in clinical practice

Strategies for effective diffusion of new knowledge in clinical practice were discussed. In his review of the best evidence on methods to change clinical behaviour (printed materials, practice guidelines, educational materials, CME courses, audit and feedback, outreach, continuous quality improvement, opinion leaders, mass media, pharmaceutical policies, and pricing and purchasing policies), Dr Andy Oxman concluded that there are "no magic bullets". Passive dissemination (e.g. printed materials) is often not effective, but there have been moderate improvements with more interactive strategies (e.g. audit and feedback, outreach). *Peter Tugwell* presented the work of INCLEN (International Clinical Epidemiology Network) on the Knowledge "Plus" Programme, which incorporates ap-

plicability and equity lenses in the translation of knowledge through evidence-based practice guidelines.

PROGRESS (Vulnerability to Inequity)

In the ensuing discussions, participants volunteered their own experiences and methods for diffusion of knowledge, ranging from training manuPlace of residence Race/ethnicity Occupation Gender Religion Education Socioeconomic status Social capital/resources

als, locally responsive tele-education, to a package of interactive strategies. However, few of the local stories had been formally evaluated. A notable problem cited in these settings was the lack of access to information, including the persisting digital divide. There was a consensus that diffusion of innovation in clinical practice required a lot of collaboration, resources and time, particularly when scaling up beyond a project mode. More realistic evaluations on KT strategies applicable to local settings in developing countries are also needed.

Health service management and organization learning

Somsak Chunharas set the context around which knowledge is used for more effective health service delivery

and organizational management. The main contexts where decisions take place are: (1) decisions made by health facilities managers aimed to improve overall services management and resources utilisation; and (2) decisions in services delivery made by individual health workers. For this, health service managers and works will use both explicit knowledge on how health services should be organized (derived from research and information systems) and tacit knowledge of affected stakeholders and decision-makers involved in the decision process. He referred to the model of the "triangle that moves the mountain" within which effective knowledge management operates, with the triangle consisting of: knowledge/evidence, social mobilization (stakeholders), and political involvement (actors). These elements increase the receptivity of intended users, inform and involve stakeholders for more effective implementation, and ensure continuous learning through interaction. Dr Chunharas reiterated the value of the KT chain in health service management. A problem-solving cycle, starting from problem identification and situational analysis to evaluation and iterative planning, can be used as a "chain" to identify the various types of knowledge that will inform the next steps of the cycle. The interactive learning process of KT should then make use of the problem-solving cycle to involve decision-makers in the use of research evidence - in contrast to the old paradigm of researchers trying to create their own KT chain based on research evidence alone.

The meeting participants emphasized the importance of awareness-building and demand creation for effective knowledge translation in health service management. Information rather than research evidence was said to be the major source of knowledge for service managers, but the existence of some management infrastructure and an enabling environment were also deemed essential. Finally, the development of a critical frame of mind in dealing with knowledge was recommended as integral to management training.

Quality improvement

Closely related to health services management and organizational learning is the process of quality improvement. The "Collaborative Improvement Model" was presented by *M. Rashad Massoud* as an effective method of knowledge management. This has been successfully demonstrated: in Russia, for example, with regard to improvement of interventions for neonatal hypothermia and pregnancy-induced hypertension, and in Rwanda for HIV/AIDS care. The model involves incremental improvements and adaptations through multiple "Plan-Do-Study-Act" cycles, i.e. a facilitated process of collaborative learning and sharing. It was clarified that this is offered as a model for good practices and scaling up interventions through multiplicative learning and sharing, rather than as a conceptual framework for KT.



Knowledge brokers in translating evidence to policy

Jessica van Kammen discussed the role of knowledge brokering, citing the experience of ZonMw as a broker in synthesizing six studies on subfertility care in the Netherlands. The results of the studies were complemented with a systematic review, and an analysis of the major concerns of user groups and of the policy context was provided. ZonMW then creating a collaborative environment in which researchers and user groups could interact and come to evidence-based, context-informed recommendations for action. Thus, she said, the focus in knowledge brokering was not on transfer of the results of research but on organizing the interactive process. She emphasised that rigid models have no place in knowledge brokering and likened the process to jazz music where "well-informed improvisation" is the key.

In the general discussion, participants agreed that transparency was essential in the interaction between researchers and users, as a way to ensure the quality of the recommendations and to build relations of trust among participants in the process. The practice of a "safe harbour", where "no-holds-barred" discussions are held behind closed doors, was raised as a way of building trust among different parties while explicating relevant issues involved as well.

With respect to WHO, it was observed that WHO (particularly its regional offices) has a valuable brokering role to play with ministries of health, but could also be limited by its accountability and negotiations with 192 member states. Funding and development agencies, consultants and initiatives similar to HEN are also potential knowledge brokers. On the other hand, others suggested that "in-house" brokers might be better than external brokers since the latter have a tendency to be more concerned about knowledge per se rather than informing decision-making in the local context. Further studies on the effectiveness and impact of knowledge brokering in low- and middle-income countries (LMICs) would need to be done. The way research evidence is communicated also needs to be evaluated in these settings (see figure below).

Strategic advocacy

"Advocacy is relevant in closing the know-do gap," suggested Kraig Klaudt. "When the right knowledge gets to the right people at the right time; but they then are unable to put this knowledge into action due to competing pressures and/or inertias of society, institution, peers, family or of their own making." Klaudt distinguished between advocacy and scientific communication, emphasising that the former aims to create social pressure and political accountability in order to attract resources, shape policy agendas and remove socio-cultural barriers. Science, on the other hand, is generally inductive: collecting and building the evidence before drawing up the conclusions in an objective manner. "Knowledge alone is insufficient to change policy maker behaviour," he said. He suggested several advocacy and communications practices that may be relevant to KT, namely: creating and repeating a compelling message, the power of images, advocacy mapping, creating a social cause and the power of branding. Basic communications theory was also discussed, particularly the importance of the medium carrying the message from sender to receiver. DOTS was given as an example of effective branding in public health, contributing to actual change in policy and health behaviour.

In the ensuing discussions, the participants observed that the advocacy products would vary depending on the target audience, but that the evidence base is essential regardless of the form or medium of the message. Since advocacy requires a specific expertise that is not always present or desired by scientists, it was recommended that knowledge producers build alliances with advocacy specialists or groups as well as community or civil society organizations to effect change at the policy level.

Community mobilization and social entrepreneurship

Ariel Pablos talked on social entrepreneurship, highlighting the work of the Ashoka Foundation. Ashoka has had substantial success in the spread of new ideas and in influencing national change, achieving its goals mainly through its 1,500 fellows worldwide, nearly 250 of whom work in public health and 41 on strengthening of health care delivery systems. Rigorous criteria are applied in the selection of fellows: innovation, creativity, entrepreneurial quality, social impact and ethical fibre. The impact of the work of some of its outstanding fellows was presented (including leaders of BRAC and other community-based initiatives).





The break-out group asserted that social entrepreneurship is a powerful tool for KT, serving as incubators of innovation in problem-solving, catalysing community mobilisation, and involving society in KT. While influencing policy and health systems accountability, it promotes greater community voice and capacity through participatory action research, and engages media to raise awareness. Everyone was reminded that people and civil society have a central role as change agents and users of knowledge.

Where Do We Go From Here?

On the last day, a panel and a number of plenary discussions reflected on the KT concepts, experiences and approaches discussed in the first two days of the meeting and what the implications were for the future.

There was a consensus that:

How brief is a policy brief?

CHSRF uses the "1-3-25 rule": 1-page recap of main messages; 3-page executive summary; and up to 25 pages for the synthesis report.
HEN provides a 1-page summary and 10-page synthesis report. • KT is an important strategy and opportunity to bridge the know–do gap and achieve better health.

• KT is also about promoting a culture of learning, critical thinking, innovation and organizational change, not a one-way synapse between knowledge and action.

• KT should map and engage all those involved in the knowledge chain, from knowledge producers, users and communities, health research and programme funders and the media.

• Capacity building is essential for all stakeholders.

• Networks, partnerships and knowledge sharing among the stakeholders should be promoted.

• KT being an emerging field of practice, particularly in the context of developing countries, research on KT strategies in LMICs is a priority.

The meeting participants recognized the important role of WHO in KT, and strongly echoed the recommendations of the Ministerial Summit on Health Research in Mexico (November 2004) and the WHA A58/34 Resolutions 2(5) and 4(4) to bridge the know-do gap and strengthen KT mechanisms. Specifically, the meeting recommended that WHO should:

• Strongly advocate for KT, especially as a tool for shared problem-solving in LMICs.

• Establish platforms for knowledge exchange and sharing among knowledge users, producers and funders.

• Promote global and/or local networks that integrate perspectives of knowledge producers, users and funders.

• KT is a complex and multidimensional process.

• Build on and support existing knowledge and country experiences on KT, even as innovative strategies are introduced and evaluated.

• Vigorously promote a knowledge translation and sharing culture within and between WHO programmes and departments.

• Validate priorities for a feasible course of action for KT for the next 3–5 years.

• Mobilize resources for KT.

Although the meeting did not articulate explicit priorities, it provided the following initial recommendations for those committed to KT:

• Capacity development for KT, focusing on knowledge exchange (e.g. networks, communities of practice, university – ministry of health partnerships) and "pull" strategies (e.g. strategic advocacy, knowledge brokering, social entrepreneurship).

• Consider a joint learning platform for KT, leading to working model(s) for action in different contexts and setting.

• Foster integrated approaches at the necessary scale to address key public health problems, where research work is already part of a planned solution (e.g. the public–private partnerships in R&D for diseases of the poor).

• Develop evaluation plans and learning-by-doing activities for health systems strengthening programmes in selected countries.

• Research on: improved methodologies for knowledge synthesis and exchange, and best practices in KT; role of

civil society and communities in scaling up programmes. • Establish KT-sensitive peer review systems for research proposal reviews and funding mechanisms.

Dr Pablos and Dr Pang thanked the meeting participants for their valuable inputs and interactions. In his reflections on the meeting, Dr Pang stressed that we should not

"The null hypothesis in KT is not so much about bringing research evidence into policy but about solving problems based on the best knowledge available."

Ariel Pablos

lose sight of the outcome—evidence-informed policy and problem solving. Dr Pablos concluded that this was a learning meeting, focusing for the first time on KT in global health; although we do not have all the answers, various approaches discussed at the meeting could be packaged into integrated and coordinated initiatives to address the most neglected and systemic know–do gaps in public health. Inputs from the meeting will be incorporated in various programmes of work in WHO. Dr Pablos acknowledged the members of the core planning group, especially Dr Mary Ann Lansang and Ramesh Shademani.

Further debates, discussions and planning on these would be carried forward via an upcoming WHO/KT listserv and a special theme issue in the Bulletin WHO in mid-2006. ■

Annex A

Meeting Agenda Knowledge Translation in Global Health A Link to Policy and Action

10–12 October 2005 WHO, Geneva, Switzerland

Background

Knowledge Management and Sharing (KMS) is a recently established WHO department concerned with organizational learning and public health effectiveness. Its mission is to help bridge the "know–do" gap in global health, a gap recognized by the Mexico Ministerial Summit on Health Research in November 2004 and by the 58th World Health Assembly in May 2005 as a major obstacle to the attainment of the Millennium Development Goals. The development of the Global KM Strategy began in September 2004, and involved benchmarking and consultation with a variety of stakeholders both within and external to WHO.

KMS finalized its strategy in 2005 with five core strategic directions:

- Improving access to the world"s health information
- Translating knowledge (KT) into policy and action
- Sharing and reapplying experiential knowledge
- Leveraging e-Health in countries
- Fostering an enabling environment

Together with the Department of Research Policy and Cooperation, KMS is convening a 3-day participatory meeting to bring together expertise and experience in different aspects of KT with the overall objective of clarifying key concepts, building on the existing global knowledge and country experiences on this topic, and guiding the development of WHO"s strategies in global health and policy advice to member states. Knowledge translation is a cross-cutting approach that covers various domains in health. It is a complex, non-linear process that involves not only recent research findings but also the dynamic interaction of producers and users to bring about change. To this end, meeting participants will include a broad range of stakeholders including policy-makers, health care providers, programme managers, academic researchers, civil society representatives, development partners and other funding agencies and WHO staff.

Expected outcomes

1. Publish working papers on knowledge translation in a special theme issue of the *Bulletin WHO* (in mid- or late 2006) and promote wide discussions of recommendations and policy briefs on KT research priorities, best practices and agenda for action;

2. initiate creation of a global network for Knowledge Translation; and

3. promote the application of knowledge translation strategies across the different programmes of work of WHO.

Annex B

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